

**SPR 14TH ANNUAL MEETING
PRECONFERENCE WORKSHOP #2
May 30, 2006
8:30 AM – 5:00 PM**

Title Models and Methods for Cultural Adaptation of Prevention Programs

Presenter Charles R. Martinez, Jr., Ph.D.
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Dr. Martinez is a clinical psychologist and research scientist at the Oregon Social Learning Center in Eugene, Oregon and directs the Oregon Prevention Research Center's Latino Research Team. He is the principal investigator on National Institutes of Health research projects designed to examine risk and protective factors involved in linking acculturation to behavioral health outcomes for Latino families and to develop and test culturally specific interventions for Latino families with youngsters at risk of behavioral health problems. His general substantive interest's center on identifying factors that promote healthy adjustment for families and children following stressful life events, (e.g. changes in family structure, socioeconomic status, physical and/or emotional health, and immigration status), taking into consideration the cultural contexts in which families operate. Dr. Martinez has served on the Oregon Governor's Ethnic and Racial Task Force, the Governor's Council on Alcohol and Drug Abuse Programs, and is a publicly elected member of the Eugene, District 4J School Board. He currently serves as the Interim Vice Provost for Institutional Equity and Diversity at the University of Oregon and teaches graduate courses in multiculturalism and diversity in his role as an Associate Professor in the College of Education. He has published many scientific papers related to cross-cultural research, and is a nationally known consultant on organizational diversity issues, cross-cultural research, and community engagement. Dr. Martinez has received numerous national, state, and local awards for his work, including the '2003 Community, Culture, and Prevention Science Award' from the Society for Prevention Research.

Description The past decade of prevention research has given rise to a multitude of programs that have documented efficacy in preventing and treating a host of behavioral health problems. Successes in developing empirically substantiated programs have lead to the creation of clearinghouses to designate and disseminate "model" or "best practice" intervention programs. While much attention in prevention science has been to identify such *best practices*, little attention has been placed on identifying the *best processes* needed for carrying out the work of implementing such programs in a community context. The purpose of this workshop is to examine and apply various models of cultural adaptation in developing, refining, and disseminating empirically based intervention programs.

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| Objectives | This workshop will: (1) describe what is known from the literature about the effects of culturally adapted interventions; (2) articulate various approaches and techniques to adapt family based intervention programs for cultural relevance; (3) articulate models of community engagement in intervention adaptation and dissemination; and (4) address practical issues related to interventionist selection/training, session structure, fidelity monitoring, etc. |
| Outcomes | Participants will have the opportunity to enhance their capacity to conduct cultural adaptations of existing interventions, to develop new culturally specified intervention, and to increase the likelihood of community sustainability of the resultant programs. We expect that participants will also gain additional skills in preparing research proposals for randomized trials that effectively address issues of culture and community specificity. |
| Career Level & Prerequisites | This workshop will be particularly salient to prevention researchers who are familiar with basic concepts of family based preventive intervention design and delivery, and experienced intervention researchers who are interested in broad dissemination of an existing program. |
| Methods | The workshop will utilize limited didactic lectures, group discussions, and role-plays. Small working groups will also practice applying adaptation techniques to intervention program content. |
| Materials | PowerPoint slides will be provided for lecture content and published articles will be provided before the workshop. Participants are strongly encouraged to bring intervention materials from their existing programs to discuss and to receive practical adaptation advice/feedback during the workshop. |